



Vegetable Gardening Starter Checklist

Welcome to the ATL R.O.O.T.S. Community Gardening Course!

Below is a checklist to help you prepare your materials and get your garden started — even in a small space.

Supplies You'll Need:

- Seeds (vegetables or herbs – like basil, greens, or tomatoes)
 - Starter tray, recycled container, or shallow box
 - Peat pods, seed-starting mix, or basic potting soil
 - Spray bottle or gentle watering tool
 - Gardening gloves (optional)
 - Mini shovel, spoon, or trowel
 - Popsicle sticks or paper for labeling
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Shopping Tips:

- Check dollar stores or discount shops for seeds, tools, and trays
 - Reuse items like egg cartons, yogurt cups, or plastic containers
 - Ask neighbors, schools, or community gardens for extra seeds
 - Check local gardening groups or seed swap events
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Preparation Tasks:

- Choose a growing space: windowsill, porch, balcony, or yard
- Make sure your space gets at least 4–6 hours of sunlight
- Clean and prepare containers or trays
- Plant your seeds and gently water
- Label your seedlings and note the date
- Take a photo or sketch of your setup to track your progress